



The Outdoor Experience (TOE) is running a Young Men's Program in July/August 2008. The program is for any young men, aged 15 – 25, who have or have had issues with alcohol and/or other drugs. The six week program aims at tackling difficult life issues through a challenging remote journey, with a small group of participants. The program will be staffed by a Social Worker and two Outdoor Educators.

We will spend two weeks preparing for the journey at TOE's Bush Hut in Yarra Bend Park (Kew); then 12 days away living simply and travelling by foot/ski's through some of Victoria's most beautiful and remote environments; then two weeks back at the Bush Hut looking at what it all means. The program aims to challenge participants' perceptions of self and familiar patterns of behaviour and interaction, through a combination of group work and individual support in the context of a remote, extended wilderness journey.

TOE adopts a 'challenge by choice' approach, and utilises different techniques to support and encourage young people toward their own self-directed goals.

An Information Session for this program will be held on Wednesday 18th June at the Bush Hut, 110 Studley Park Road, Kew. All workers and interested young men are invited to attend.

Also included with this letter is:

- A Program Schedule
- CORE Program Brochure

TOE staff will be away until Wednesday 4th June. Please call or email your enquiries after this date. For further information and all enquiries please contact Terry Vella on 98552633 or mobile 0407403706. Please call us to confirm your attendance at the information session.